

# A.M.A.B. ASSOCIAZIONE MEDICI AGOPUNTORI BOLOGNESI Fondata nel 1986 SCUOLA ITALO – CINESE DI AGOPUNTURA

# 2<sup>nd</sup> INTERNATIONAL SYMPOSIUM ON RESEARCH IN ACUPUNCTURE

October 20-21, 2018 Savoia Hotel Regency, Bologna

Organised by

A.M.A.B. (ASSOCIAZIONE MEDICI AGOPUNTORI BOLOGNESI - Association of Medical Acupuncturists of Bologna) and SAR (Society for Acupuncture Research)

PROVISIONAL PROGRAM (Last updated July, 01)

# 20th October

8:30 Registration of participants

9:00 Opening of the Symposium

Chair: Umberto Mazzanti, Vice President of A.M.A.B.

Welcome speech

Carlo Maria Giovanardi, President of A.M.A.B.

**Vitaly Napadow**, *Co-President of SAR* **Gerd Ohmstede** *President of ETCMA* 

Konstantina Theodoratou, President of I.C.M.A.R.T.

#### Panel Session 1 - First Part

MECHANISMS OF ACTION AND CURRENT TRENDS IN ACUPUNCTURE RESEARCH

Chairs: **Helene Langevin - Thomas Ots** 

Discussant:

9:25	Presentation of topics and panellists
9:30	Reward circuitry plasticity in the perception of pain following acupuncture
	T. LUNDEBERG
10:00	Self-acupressure for chronic pain and fatigue: efficacy and mechanism
	R. HARRIS
10:30	Current evidences and methodological issues of acupuncture researches
	M.S.LEE

11:00 Discussion

# 11:30 Coffee break

#### Panel Session 1 - Second Part

#### MECHANISMS OF ACTION AND CURRENT TRENDS IN ACUPUNCTURE RESEARCH

Chairs: Richard Harris- Alberto Garoli

Discussant: Lucio Sotte

11:45	Presentation of topics and panellists
11:50	Distant effects of acupuncture on connective tissue
	H. LANGEVIN
12:20	Role of neuroimaging to assess acupuncture-induced neuroplasticity in pain relief
	V. NAPADOW
12:50	Discussion
13:15	Lunch

#### **Panel Session 2**

# INTEGRATION OF ACUPUNCTURE INTO HEALTHCARE SYSTEMS: REGULATORY AND COST-EFFECTIVENESS ASPECTS

Chairs: Rosa Schnyer - Eleonora Marchi Discussant: Alice Fauci, Sonia Baccetti

14:25	Presentation of topics and panellists
14:30	Cost-effectiveness of acupuncture and integration into healthcare – Examples from Europe
	C. WITT
15:00	Integrating acupuncture services into conventional academic and military medical centers in the United States  R. COEYTAUX
15:30	Beyond efficacy: conducting and translating research for policy-makers considering acupuncture reimbursement in a small, rural US state  R. DAVIS
16:00 16:30	Discussion  Coffee break

# **POSTER SESSION**

Chairs: Johannes Fleckenstein, Annunzio Matrà

16:50

17:50 Discussion18:10 *Closing remarks* 

# 21st October

# **Panel Session 3**

# RESEARCH METHODOLOGY AND EBM IN ACUPUNCTURE. THE PLACEBO ISSUE

Chairs: Robert Davis - Federico Marmori
Discussant: Konstantina Theodoratou

8:25	Presentation of topics and panellists
8:30	Towards a better understanding of why so many acupuncture trials are "negative" in contrast to results often seen in clinical practice  H. MACPHERSON
9:00	Recommendations for the use of acupuncture in clinical practice and treatment guidelines <b>S. BIRCH</b>
9:30	Round Table Discussion
10:30	Coffee break

# Panel Session 4 FROM ACUPUNCTURE RESEARCH TO CLINICAL PRACTICE

Chairs: Remy Coeytaux - Carlo Maria Giovanardi

Discussant: Stefan Costescu, Alessio Lilli

Presentation of topics and panellists
Evidence-informed integration of acupuncture into cancer care
J. MAO
Acupuncture in the treatment of Gulf War illness among veterans
R. SCHNYER
Acupuncture in migraine: from research to clinical management
G.B. ALLAIS
Discussion
CME and survey of participants' satisfaction
Symposium Conclusions

#### Speakers and Chairs

#### Gianni Allais, MD

Head of Women's Headache Center and Service for Acupuncture in Obstetrics and Gynecology, University of Turin, Turin, Italy Adjunct Professor at the School of Medicine of the University of Turin, Italy Scientific Director of CSTNF – School of Acupuncture, Turin, Italy

#### Stephen Birch PhD, Lac

Associate Professor, Kristiania University College, Department of Health Sciences. Oslo, Norway

#### Remy R. Coeytaux, MD, PhD

Caryl J Guth, MD Chair in Integrative Medicine Professor, Family and Community Medicine Wake Forest University School of Medicine, NC, USA

#### Robert Davis, MS, LAc

SAR Co-President

Clinician, University of Vermont Medical Center Acupuncture Vermont Oriental Medical Clinic, PLC, USA

#### Johannes Fleckenstein

Professor of TCM and acupuncture in Bern, Switzerland (IKOM) Member of DÄGfA (Deutsche Ärztegesellschaft für Akupunktur) Member of the Scientific board of DÄGfA, Teaching Sports Medicine at University of Giessen in Germany

#### Alberto Garoli, MD

Scientific Director and Chief Researcher, AnthroposNet International Network Medicine Group. Teaching: Physiology in Biomechanics at the Department of Morphology, Experimental Medicine and Surgery at University of Ferrara, Italy

#### Carlo Maria Giovanardi, MD

President of A.M.A.B. (Association of Medical Acupuncturists of Bologna)
President of the Italian Federation of Acupuncture Societies (FISA)
Vice President of the WFCMS (World Federation of Chinese Medicine Societies)
Vice President of PEFOTS (Pan European Federation of TCM Societies), Bologna, Italy

## Richard Harris, PhD

Associate Professor Department of Anesthesiology Department of Internal Medicine Division of Rheumatology University of Michigan, Ann Arbor, MI, USA

#### Helene Langevin, MD, LAc

Professor in Residence of Medicine Director, Osher Center for Integrative Medicine Brigham and Women's Hospital, Harvard Medical School, USA

#### Myeong Soo Lee, BS, MSc, PhD

Principal Researcher, Korea Institute of Oriental Medicine, Daejeon, Korea Professor of University of Science and Technology, Daejeon, Korea Professor of London Southbank University, London, UK Professor of Tianjin University of Traditional Chinese Medicine Tianjin, Seoul, Korea

#### **Thomas Lundeberg MD PhD Acc Prof**

Medical Director Insurance Medicine Rehabilitation Medicine University Clinic Stockholm Danderyd Hospital AB, Sweden

## Hugh MacPherson, PhD

Professor of Acupuncture Research, Department of Health Sciences, University of York, UK

#### Eleonora Marchi, MD

Professor of A.M.A.B. - Italian-Chinese School of Acupuncture (Association of Medical Acupuncturists of Bologna), RSM

#### Federico Marmori, PhD

European Foundation of Traditional Chinese Medicine (FEMTC) Acupuncture Department Director, Medimar International Hospital, Alicante, Spain

#### Annunzio Matrà, MD

Professor and Chief of A.M.A.B. Clinical Research, (Association of Medical Acupuncturists of Bologna), Bologna, Italy

#### **Umberto Mazzanti, MD**

Vice president of A.M.A.B. (Medical Acupuncturists Association of Bologna -Italian Chinese Acupuncture School)
Board Member of FISA (Italian Federation of Acupuncture Societies)
General Secretary of PEFOTS (Pan European Federation of TCM Societies)
Member of the Council Board of WFCMS (World Federation of Chinese Medicine Societies), Bologna, Italy

#### Vitaly Napadow, PhD, LAc

**SAR Co-President** 

Associate Professor, Martinos Center for Biomedical Imaging, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA

#### Thomas Ots, MD

Editor-in-Chief, Deutsche Zeitschrift für Akupunktur - German Journal of Acupuncture and Related Techniques, Graz, Austria

#### Rosa Schnyer, DAOM, LAc

Clinical Assistant Professor, School of Nursing University of Texas in Austin, TX, USA

#### Konstantina Theodoratou, MD, MSc, Med. Psych

President of International Council of Medical Acupuncture and Related Techniques – ICMART, President, Scientific Association of Medical Acupuncture in Greece, Atene, Grecia

#### Claudia Witt, MD, MBA

Professor and Director, Institute for Complementary and Integrative Medicine, University Hospital Zurich and University Zurich, Switzerland